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# Experiences of emergency medical service personnel: (A qualitative study)

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#### ABSTRACT:

Introduction: Medical emergencies is an integrated health-oriented management system which is effectively organized with the macro health system and whose employees are of utmost important assets of the system. Their experience serve as the keystone for a better and more efficient system. Empowerment of medical emergencies' staff can pave the way for them to actualize their potentials so as to let the organization crystallize its mission. To do so it is up to the Medical Emergencies Organization to create an atmosphere in which staff can develop their potentials as well as evolving in their workplace. The present study opts to investigate the experiences of the emergency ward of hospitals in Kerman. *Methodology:* The present study is a quality study and the sampling was done through targeted methods. The candidates were selected among those with more than three years of experience as technicians in city and road sites in medical emergencies centers. In the present study 15 candidates were interviewed and framework methods were chosen to analyze data. Achievements of the present study "investigation of Kerman emergency ward personnel" include 4 main and 15 subcategories. The first four include individual's hardships, organizational problems, poor coordination and relevant social shortages. Personnel working in 15 center puts behavioral and not technical complaints down to the fact that people are not familiar with the emergency ward duties. Discussion and conclusion: People are not evaluated emotionally and this in turn leads to their lack of interest in emergency ward. This also is intensified due to hard work and their poor knowledge of hospital processes. The study suggests that the belowmentioned items could alleviate hardships for the personnel:Psychotherapy team for personnel, Fair allocation of salaries and wages .Job circulation between city and road sites .Recreational facilities and non-financial aids.

Keywords: experience, emergency medical, emergency, pre-hospital.

#### INTRODUCTION

Accident is one of important problem of public and social health in all around the world that is 12% of world's illnesses and it's third main reason of death in the world. According to the reports of world health organization (WHO) nearly 1.2 million people lose their life in traffic accidents every year and more than 50 million people are injured that is equal with 5 large cities population(1). Accidents not only belonged to developing countries but also for countries which are going to develop as well as they are going to be death reason both in numbers and ages(2). Unfortunately

car accidents cause a lot of victims in our country and after heart and vessels problems, accidents are second reason for death in Iran's medical centers(3). In direction of people's health protection a lot of various organizations are established which are responsible for doing some important parts of this investigation and according to role of moments and minutes for saving human's life, medical emergency and accidents management center are made and duty of this system is giving cure services for ill people in emergency situations and transformation them to cure center if it's necessary (4). Medical emergencies order is important part of cure services in all countries of world. Main target of this order is having satisfied services in a short time and according to world scientific standards. So for this aim personals of this center must learn all part of medical emergency and in other hand they must learn specialized training for emergencies that have more recourse and for this reason all ambulances of 115 must be equipped (5). Medical emergency of social health management system is harmonized by all health control system (6). Employees are most important assets of the medical emergency system, keystone for a better welfare is in employees hand employees of medical emergency who are cooperating in giving services without attention to way of their employing. The experience of human force affection medical emergency system. For this reason they try to have better results for system. Empowerment of medical emergency's staff can pave the way for them to use their potentials to get the organization duty. To do so, medical emergency organization create an atmosphere in which staff can develop their potentials as well as evolving in their work place (3). In the research that studied by Navidian and in 2003 by the heading "Study of work tension and its relation with Public health of nurses in medical emergency of Zahedan Hospital" they achieved : most tension reason in people who are studied in order, at first controlled tension(2.54) and then management tension (2.28) and it was shown more tension in nurses than assistants. Pierson's correlation test shows there is a negative correlation between personnel health and level of their work stress (7). There is another study by Abed Saeedy and et al. that is done in 2011 by heading of " considering atmosphere of staff abilities in medical emergency and managing accident centers". It is needed to payment justice, valu improving, information improving, learning during worke time, team work and developing other abilities (8). According to above, set a program for finding weak and power points and improving medical emergency qualities by using staff experiences of 115 emergency is very important and valuable and they can exchange between staff for growing services qualities and saving more human; So this investigation is done for considering experiences of emergency staffs of prehospital in Kerman.

#### MATERIALS AND METHODS

This investigation is quality studying. Participants of this investigation are including emergency staffs in kerman prehospital that worked in managing accident center and medical emergency and medical university of Kerman in 2012. In this research samples are selected for getting source of information and for better considering subject. Open interview was used for gathering information which investigators must start the interview with a general question and interviewer express his opinion directly. In this research interviewers participate in the study with their satisfaction and each interview took 30 minutes to 1 hour long and all part of interview was recorded. For keeping people's name in secret, they used recommending cods. In this research used framework for analyzing data that has 5 levels: Identifying, Identifying a Thematic Framework, Indexing, Charting and Mapping and Interpretation. It was designed a context for each interview then a subjective framework identified according to interviews in indexing level, all differen parts of data are determined and main points were recognizied and all relation between main and secondary pivot were analyzed, next level is interpretation of subjects that discussed and interpreted all recognition pivots and related problems.

#### **RESULTS AND DISCUSSION**

#### Results

This study is done for "considering experiences of pre-hospital's staff in Kerman". In this investigation there are 4 main pivots and 15 secondary ones. There are 4 main themes related to experiences of emergency staffs of pre-hospital: personal problems, organization problems, unstable harmony and related problems of society. Main concepts related to experiences of pre-hospital's emergency staff.

Change - over	Sub-themes
Onange over	Mental problems
Staff problems	Physical problems
	Family problems
	Unjustice of covering services
	Lake of job security
Organization	Gap of opration staff for choicing group member
	Unclear work load
	Education problems
	Rewarding system problems
	Making relief teams
Unsuitable hormany	In the organization
	Out of organization
Related problem of society	Lace of people knowledge
	Cultural problems

Mental problems: findings showed that important part of staff problems are personals mental problems that including, high stress, mental pressure of work and the other problems that makes staff worry, is complaints stress. Physical problems: heavy duties being continuously and need to high physical power in this job cause physical problems for staffs.

Family problems: the other themes is work affected on family that cause problems in family environment, because accident affects on people mentally and after that on families.

Recognized gap of operation staff as compered with force staff choice: it cause that each operation staff believed that every body in system is not in right position.

Unsuitable harmony internal and external in organization: the other problems is harmony between internal and external of organization like 110 police, fire station and red round that needed to improve.

Lake of people's knowledge: staff of 115 believed that main problems about increasing manner complaints (not technical) from personnel and also increasing dissatisfaction of people from them is lake of people's knowledge about 115 emergency and its responsibilities.

Cultural problems: according to participants opinion, cultural problems cause nerveose pressure in staff and patients.

#### Discussion and conclusion:

In recent study participants explain unsuitable harmony internal and external of organization as one of subthemes of unsuitable harmony from main concepts related to experiences of emergency staff in pre-hospital and it is similar to research which is studied by Mousavi and Kaveh Firooz as "relievers and people's in earthquake of villages around Qazvin( Chaghove and Abdareh) in 2010". Because investigators understood that operation of relievers were good in people's opinion but there were some shortages such as lake of harmonizing organ and health problems, lake of facilities cause dissatisfing for people and lake of facilities and suitable connection dissatisfied relievers (9). Also a study has done by Zavareh Khorasany and et al. as "opinion of beneficiary about managing obstacle after event, victims and injured people in Iran" in Tabriz University in 2008, because all investigators got this result: all beneficiary agree about disability and quality of management after event and prevent of effective managing after event and all are including interference of unspecialist, lake of harmony and cooperation, insufficient pre-hospital services and defect in substructure (10). Unsuitable stimulation organ, Recognized gap of operation staff as compered with force staff choice, education problems, rewarding system problems, making relief team, unclear work load, unjustice of covering services were described as organization problems subject that similar to study has done by Abed Saeed and et al. as "study of staff's ability in emergency and medical centers in 2011". These investigators got results that: atmosphere of ability of centers are average. It is needed paying attention to justice in payment, improving value, improving giving information, learning as working, team work and other workers for making abilities(8). Also there is a study that done by Artang and et al. as evaluation of personnel's operation in emergency of pre-hospital" they got a result showed that feeling of lake of justice cause bad mannering and dis behaving in personnel (11). Having managing skill and leadering in emergency position are special roles of emergency staff and lake of programming in unexpected situation with ill people, atmosphere full of stress, less control about people and time frame limitation are causing tension problems for staff of pre-hospital emergency (12). To choice people for work in medical centers in developing countries, special samples are used that has levels such as : measuring mental of volunteers and measuring reasons of their opinion about working in emergency are necessary for continuing work and getting special certificates from acceptable institutes, and accepting from entrance test of practical and scientifical and personality and IQ tests are necessary after starting work participating in reviewing classes and getting certificate are necessary too(13). It has done when in Iran choosing people for working in pre-hospital emergency is dirrerent because they need people who studied in cources like nursing, ingenuity or medical emergencies, participating in practical and scientifical tests at first of work (without special standards) participating for allowing to work annually (it is done differently in cities) and participating in re-leaving classes during the year(14). It is not paied attention to mental of people in medical emergency work in Iran that cause problems in different people in pre-hospital emergency for its difficulties and lack of knowledge of people with work condition in pre-hospital emergency(15). And lake of systematic test in country for accepting people in system makes problem for people who want to work in these places in different parts of country (also for people who are employed officially working and exchanging to other places have less problem) and lake of practical learning for personnel during education in university is one of the problem in emergency parts (that is shown in medical emergency students) also it is not defined different level of work in pre-hospital emergency in Iran, it is not possible rising in pre-hospital emergency system(16,17)

According to investigation findings it is suggested that making massage center between relief organs by increasing doctors number in pre-hospital emergency, making telephone lines for counsulting out of 115 system for 24 hours, mixing work hours with number of official workers for improving work shifts, making mental cure team for personnel, harmonize payments making different jobs between city and roud centers, giving reaction facilities and other willing of staffs such as encouraging personnel when they succeed giving knowledge for people about services and describing emergency responsibilities by media. Making intrest in staffs and reminding importance of work, for using their creativities, experiences, abilities for giving right job position to them.

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